

South East Chief Nurse Green Awards

As part of the South East Nursing and Midwifery Green Week (18th-22nd March 2024), an Awards ceremony will be held on the final day; **22nd March 13.00-14.30**. Sign up to the week's event and award ceremony here:

<https://forms.office.com/e/W3reFvckQa?origin=lprLink>

These awards are to recognise the exceptional contribution of Nurses and Midwives to sustainability in the South East.

More details about the criteria for each category and suggestions of examples that can be submitted are stated below. This is based on recommendations from “*National Collaborating Centre for Mental Health. Delivering greener, more sustainable and net zero mental health care: Guidance and recommendations. London: National Collaborating Centre for Mental Health; 2023*”

1. Keeping People Healthy:

- Access to green spaces for outside activities that promote mental and physical wellbeing.
- Implementing sustainable models of care, such as those that improve access to services (e.g., implementing new primary care frameworks) and that reduce preventable hospital admissions.
- Keeping people healthy by responding to health needs that occur as a result of climate change.
- Food and nutrition, such as strategies to include more sustainable food, increasing vegetarian and vegan options and offering menus that promote and support healthier eating.

2. Right care, Right place, Right time:

- Measures to improve the efficiency of care delivery, including changes to staffing structures and ways of working.
- Delivering treatment in alternative formats, including using digital technologies (remote care, video, and telehealth)

- Green treatment alternatives including nature-based interventions, such as walking groups, outdoors mindfulness and therapeutic communities.
- Alternative patient transport and transfer services, such as using low carbon vehicles in emergency care when assessing people in crisis.
- Preventing unnecessary use of the care pathway, including using pathways that are less resource-intensive).

3. Low carbon treatment and care settings

- Sustainable procurement practices and supply chains
- Interventions to reduce energy consumption (such as electricity or gas consumption)
- Approaches to promoting sustainable staff and patient travel (such as promoting walking or cycling to work and using public transport) and reducing travel (such as remote working and collaborating with partner agencies to reduce the number of appointments)
- Waste reduction (including medications waste, food waste and single-use product reduction)
- Lower carbon interventions (including nature-based green interventions, as above)
- Improved medication or prescription practices (such as de-prescribing).

4. Clinical leadership, systems, and workforce:

- Training and education for healthcare providers and medical students
- Visible leadership from above ('top-down' leadership)
- Empowering nurses and other healthcare professionals to take on net zero leadership roles (e.g., by giving sustainability and net zero responsibilities to healthcare professionals)
- New and dedicated staff roles focused on net zero and sustainability, including a sustainability lead.
- Changes to governance structures, policies, and standards
- Measuring and reporting on carbon emissions z Methods to implement carbon reduction measures, such as using 'carbon exchange' programmes.

If you would like to nominate yourself, your team or another team, you can do so here;

<https://forms.office.com/e/zZKWn9Jcut>

Only one category to be entered per project. **Deadline for awards submissions is (end of day) Monday 11th March 24.**