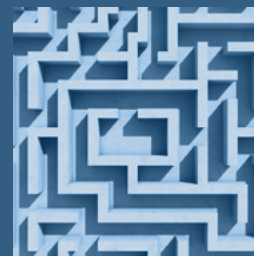




# Common mental health problems



A film for nurses and allied healthcare professionals working with adults in primary care



**One in three people** attending primary care experience a mental health problem, but **only 24%** receive treatment.

This training film with accompanying handout aims to make it easier for primary care professionals to recognise when a patient has a common mental health problem, and to know what to do next.

**Watch the film here:**

[southeastclinicalnetworks.nhs.uk/common-mental-health-problems](https://southeastclinicalnetworks.nhs.uk/common-mental-health-problems)

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