

# Surrey EWMH Alliance Stronger Together

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## Who are the Alliance?

*The Alliance brings together a wider range of NHS and third sector partners*





# A thriving community of children and young people in Surrey



A strategy for their emotional wellbeing and mental health

2019 – 2022

version 9, February 2019

Page 45



# THRIVE Framework

for system change



An essential framework for communities who are supporting the mental health and wellbeing of children, young people and families



7 yr + 3yr contract : Commissioners recognised the long term investment needed to mobilise services, demonstrate impact and transform the system.



# EWMH Alliance Board



# Surrey Wellbeing Partnership



The Surrey Wellbeing Partnership represents a third sector consortium, a partner in a pan-Surrey collaborative Alliance to transform emotional wellbeing and mental health services in Surrey.

- leading in prevention and early intervention in the approach & over time reducing the need for clinical interventions, building resilient communities and changing lives.

Creating “the village to raise the child” where there is

***No wrong door***      &      ***No one left behind***

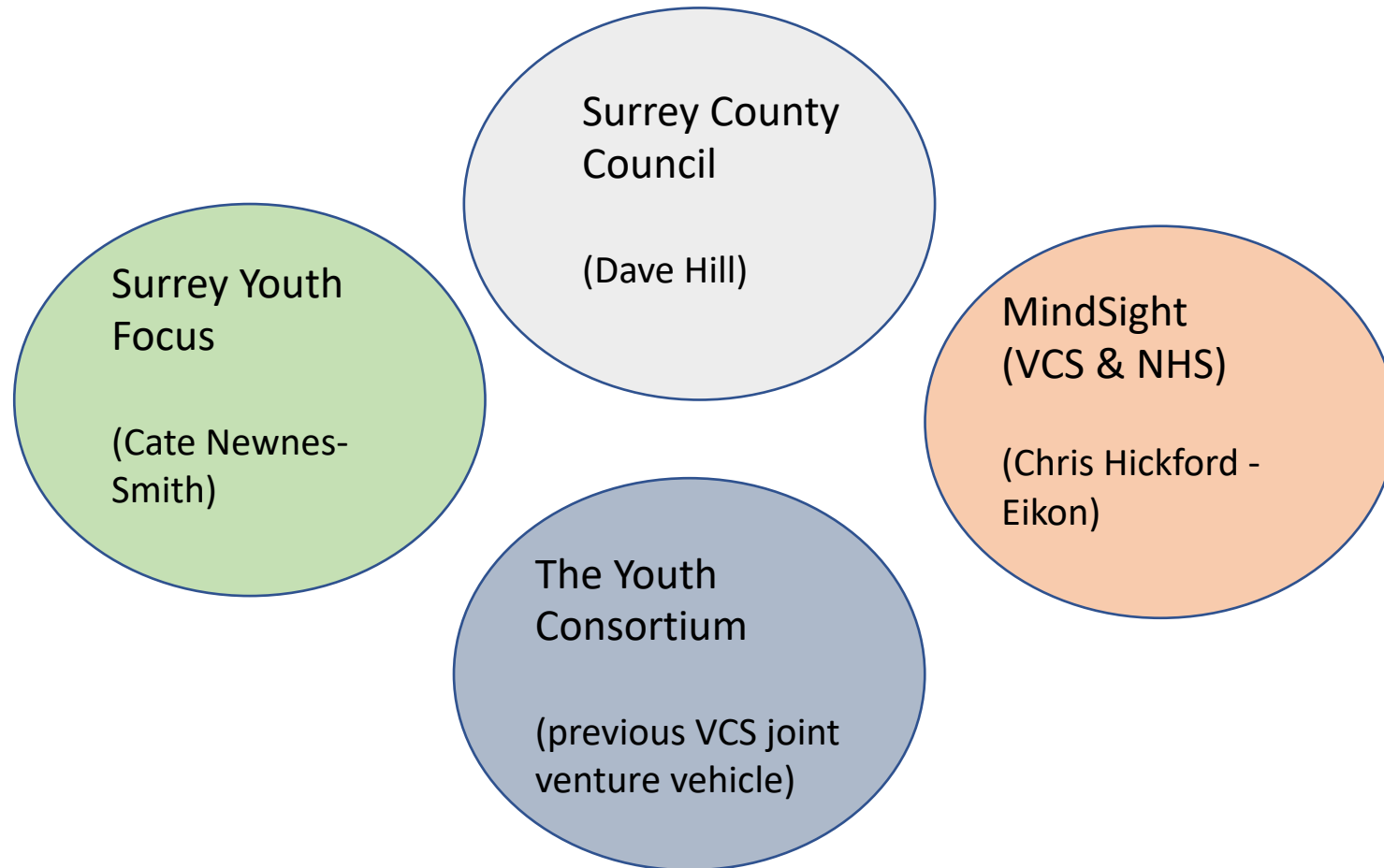
Feel safe  
Confident  
Competent  
Empowered

Voice  
Choice  
Control

Belonging  
Belief  
Purpose



# Vol Sector Parties build SWPartnership



# The Vision and Journey

- The Third Sector as an equal partner in Emotional Health and Wellbeing Service Delivery across Surrey
- Young People at the heart of decision making
- Strengths Based Approach
- Collaboration vs Competition
- Developed Trust
- Shared Values





## **Member Organisations**

Eikon

YMCA

Surrey Care Trust

Step by Step

East to West

Relate West Surrey

The Matrix Trust

Leatherhead Youth Project

Peer Productions

Learning Space

National Autistic Society

Barnardo's

## **Associate Member**

Emerge Advocacy



# The Difference in Surrey

- **Broad range of early intervention activity and choice:**
  - Community Wellbeing Teams, workshops, counselling
  - Advocacy
  - Schools interventions, 1.1, groups, training
  - Parenting support
  - Theatre groups
  - Mentoring
- **Reducing the need for clinical interventions**
- **Local delivery by local specialists across the county**
- **Commitment to grow early intervention year on year**

Emotional Wellbeing Mental Health: Early Intervention

Access & Advice  
 Building Resilience  
 School Based Needs  
 Vulnerable Groups – ASD, ADHD



Community Wellbeing Team



# Alliance



Community Wellbeing Team



Single Point of Access

Local Activities:  
 Drop In Cafes  
 Sports Groups



Community Wellbeing Team  
 School EI Co-ordinators  
 Targetted Workshops  
 Training  
 1:1 Counselling

1:1 Counselling  
 Family  
 Counselling



Wellbeing Mentors

Co-production of new initiatives, increase EI over time

# Challenges & Achievements



Working alongside and together with NHS and Commissioner colleagues

Moving to a Thrive Model

Mobilising new services

Tackling a legacy backlog and subsequent reputation

Communicating with stakeholders

Covid-19

# Next Steps

Demonstrate the impact of the approach to early intervention and increase investment in EI over time

Build services to meet any gaps in service to key vulnerable groups,  
hard to reach groups & unmet need

Understand how we work with Public Health

Introduce Alliance models to Adult MH colleagues

MH Improvement Plan – include children and young people

# Lessons



Partnership working – collaboration, contracting, equal partners vs master & servant

Culture, Behaviours & Attitudes – risk, sharing, learning, collaborating, challenging

Digital/Data – insights and monitoring, reporting (quantitative and qualitative) – capacity, resources, expertise - culture

Time, Capacity, Resources, Project Management, Leadership, Governance Structures