How to improve the physical health of people with severe mental illness

Free online training for primary care professionals

**NHS England
NHS Improvement – South East**

This 30-minute film offers clear, practical training to help you improve the physical health of people with severe mental illness.

People with severe mental illness are likely to die up to 25 years earlier than the general population. Research shows that 75% of these cases are caused from preventable physical illnesses.

As a primary care professional, you can help reduce these unnecessary deaths.

"I feel more confident in delivering health checks in my practice."
Practice nurse

"Extremely useful for my practice. Made me think about different ways of approaching problems and improving patient care."
Nurse practitioner

"Excellent - upskilling much needed."
Mental health nurse

Watch the film here
www.southeastclinicalnetworks.nhs.uk/phsmi