



# South EIP Annual Report Key Findings

2019 - 2020



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# SOUTH EIP ANNUAL REPORT 2019-20



## Investment

NHS England's Long Term Plan allocated a national budget of £18 million for EIP through Clinical Commissioning Group (CCG) baselines in 2019. However, despite the strong research evidence, economic case and the clear mandate from NHS England, securing funding for EIP remains a challenge.

In the majority of cases

**9 out of 15**

providers did not receive extra investment in 2019-20.



## Access

There were

**3,780**

people with psychosis

accessing Early Intervention in Psychosis (EIP) services in the South of England in October 2019.



This is less than the

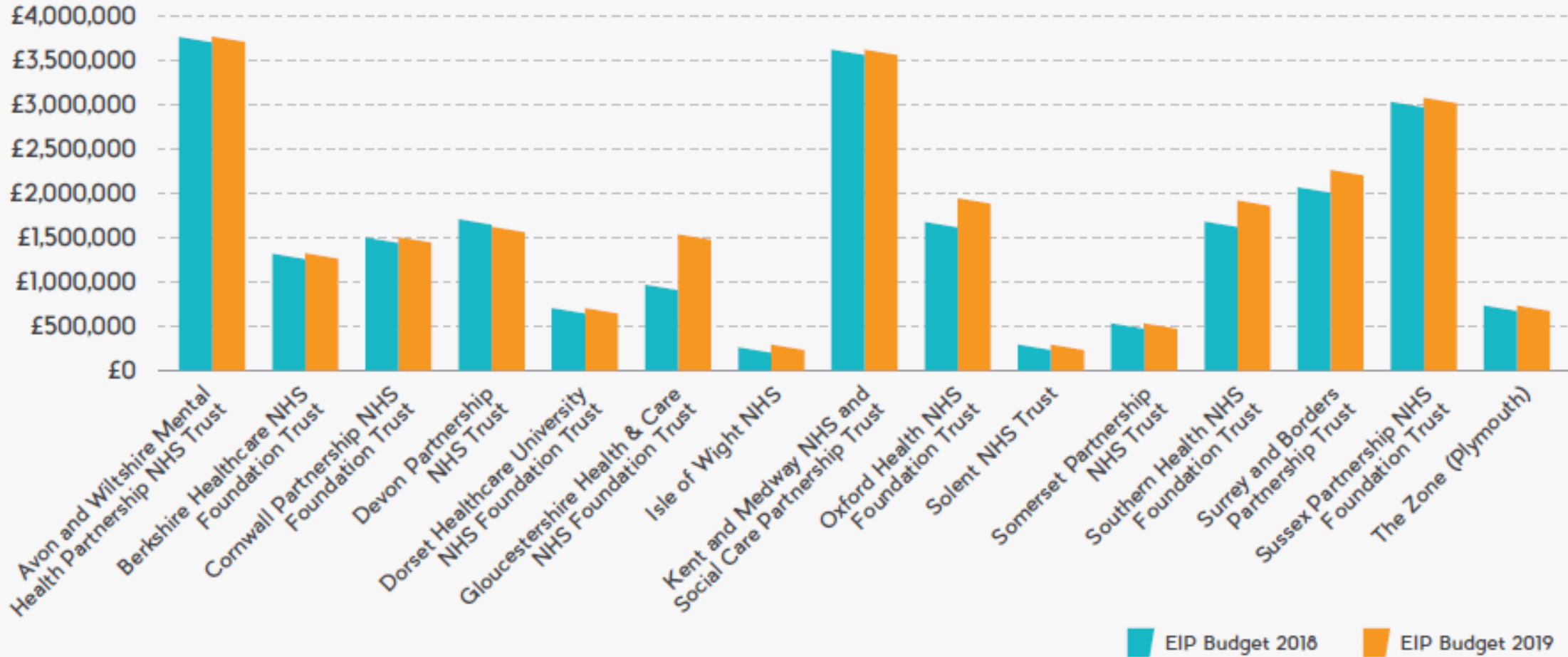
**4,130**

people being treated

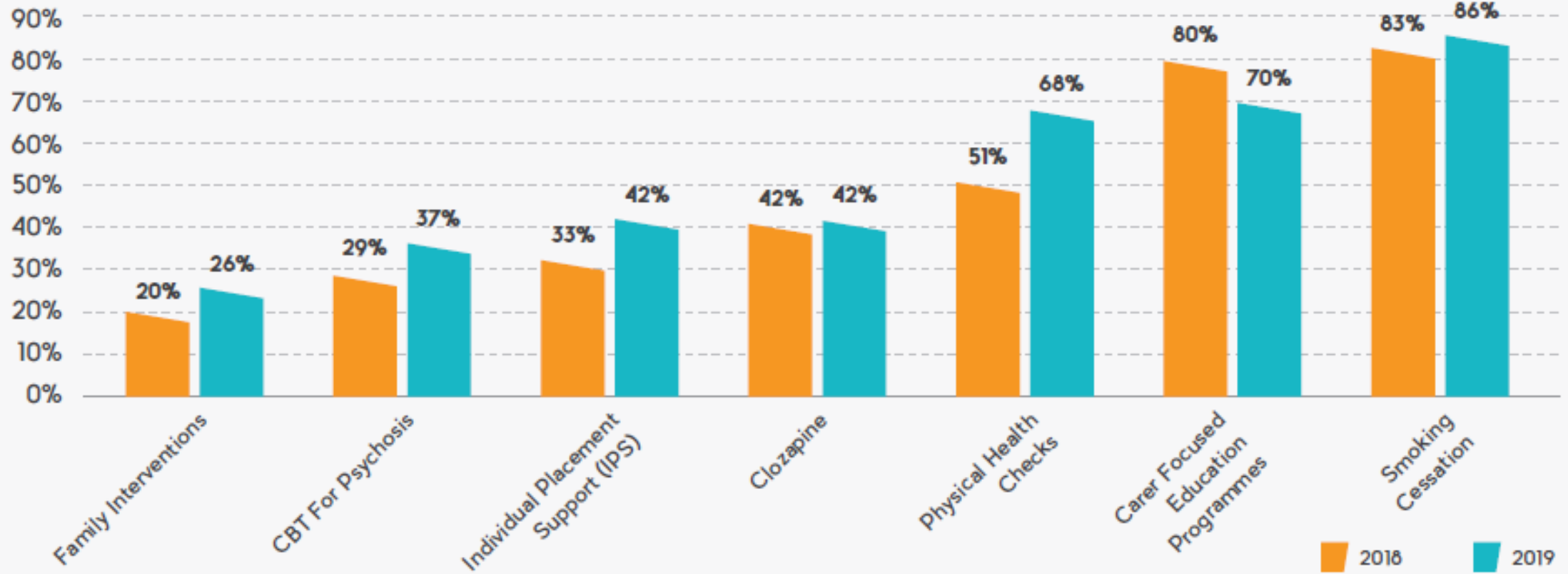
before the standards were introduced in 2016.

It is clear that **not all people** experiencing first episode psychosis are able to access EIP or able to receive the recommended 3 years of treatment, with some services treating **less than 30%** of the anticipated population with psychosis in their area.

# Funding



## NICE Concordance



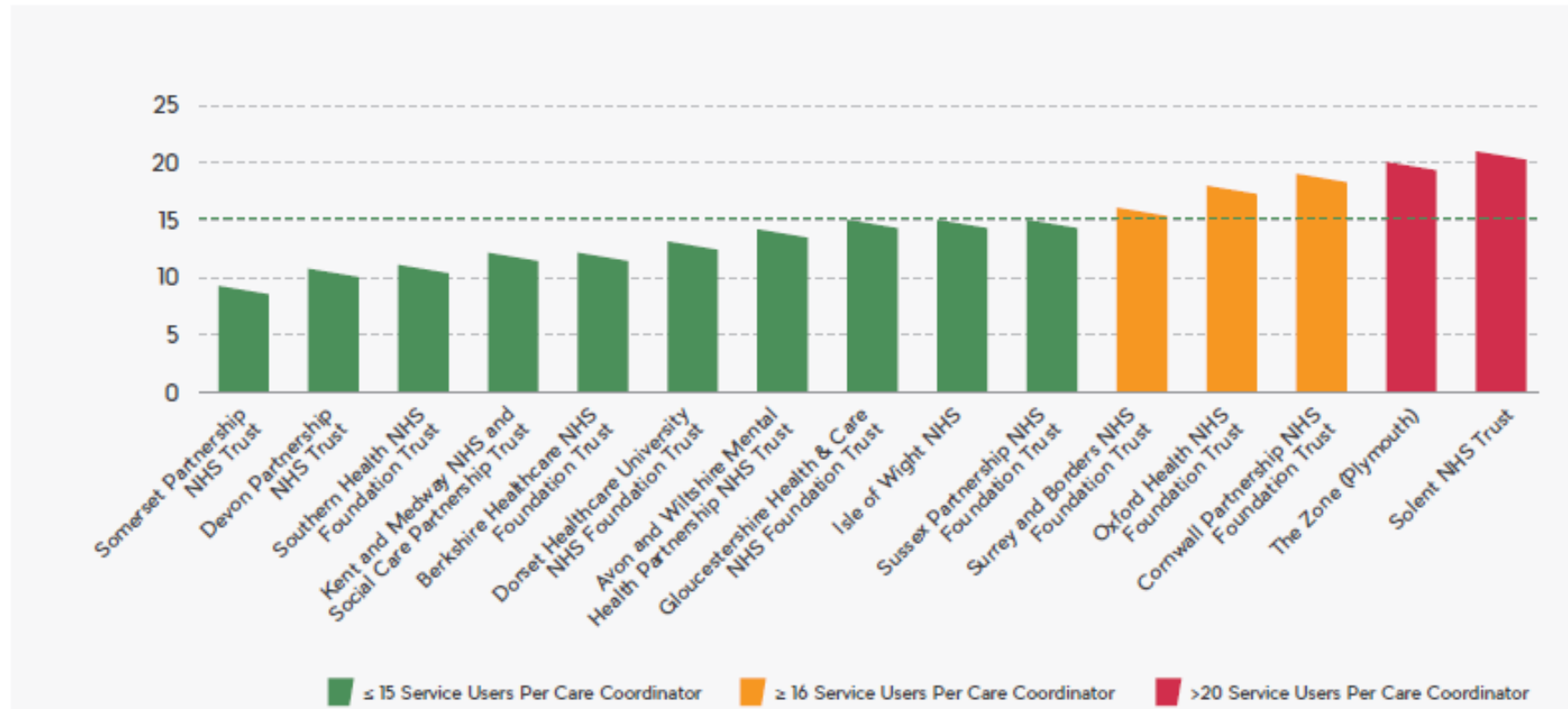
# Caseloads



Provider	2016 FEP Caseload	2017 FEP Caseload	2018 FEP Caseload	2019 FEP Caseload	Expected Caseload Based on Psymaptic Psychosis Incidence	Change in Caseload Between 2016 and 2019	2019 FEP Caseload as Percentage of Psymaptic Prediction
Avon and Wiltshire Mental Health Partnership NHS Trust	561	592	562	521	1,155	-40 (-4%)	45%
Berkshire Healthcare NHS Foundation Trust	205	179	166	148	555	-57 (-10%)	27%
Cornwall Partnership NHS Foundation Trust	166	176	217	210	267	+44 (+17%)	79%
Devon Partnership NHS Trust	200	326	213	231	747	+31 (+4%)	31%
Dorset Healthcare University NHS Foundation Trust	220	290	146	148	435	-72 (-17%)	34%
Gloucestershire Health & Care NHS Foundation Trust	132	131	138	146	345	14 (+4%)	42%
Isle of Wight NHS	50	52	52	46	69	-4 (-5%)	67%
Kent and Medway NHS and Social Care Partnership Trust	551	542	533	507	1,029	-44 (-5%)	49%
Oxford Health NHS Foundation Trust	413	338	385	382	762	-31 (-4%)	50%
Solent NHS Trust	39	56	65	77	174	+38 (+22%)	44%
Somerset Partnership NHS Trust	158	154	111	89	270	-69 (-26%)	33%
Southern Health NHS Foundation Trust	284	283	284	311	729	+27 (+4%)	43%
Surrey and Borders Partnership NHS Foundation Trust	379	336	335	330	771	-49 (-6%)	43%
Sussex Partnership NHS Foundation Trust	579	407	398	371	981	-208 (-21%)	38%
The Zone (Plymouth)	86	130	130	153	168	+67 (+40%)	91%

## Care Coordinator: Service User Ratio

It is recommended that Care Coordinators maintain a caseload of 15 service users per care coordinator to ensure maximum engagement. This improves their ability to spot and manage early signs of deterioration and prevents relapse. There is a wide variation in Care Coordinator caseloads, ranging from 9 to 21 as illustrated in the following graph:

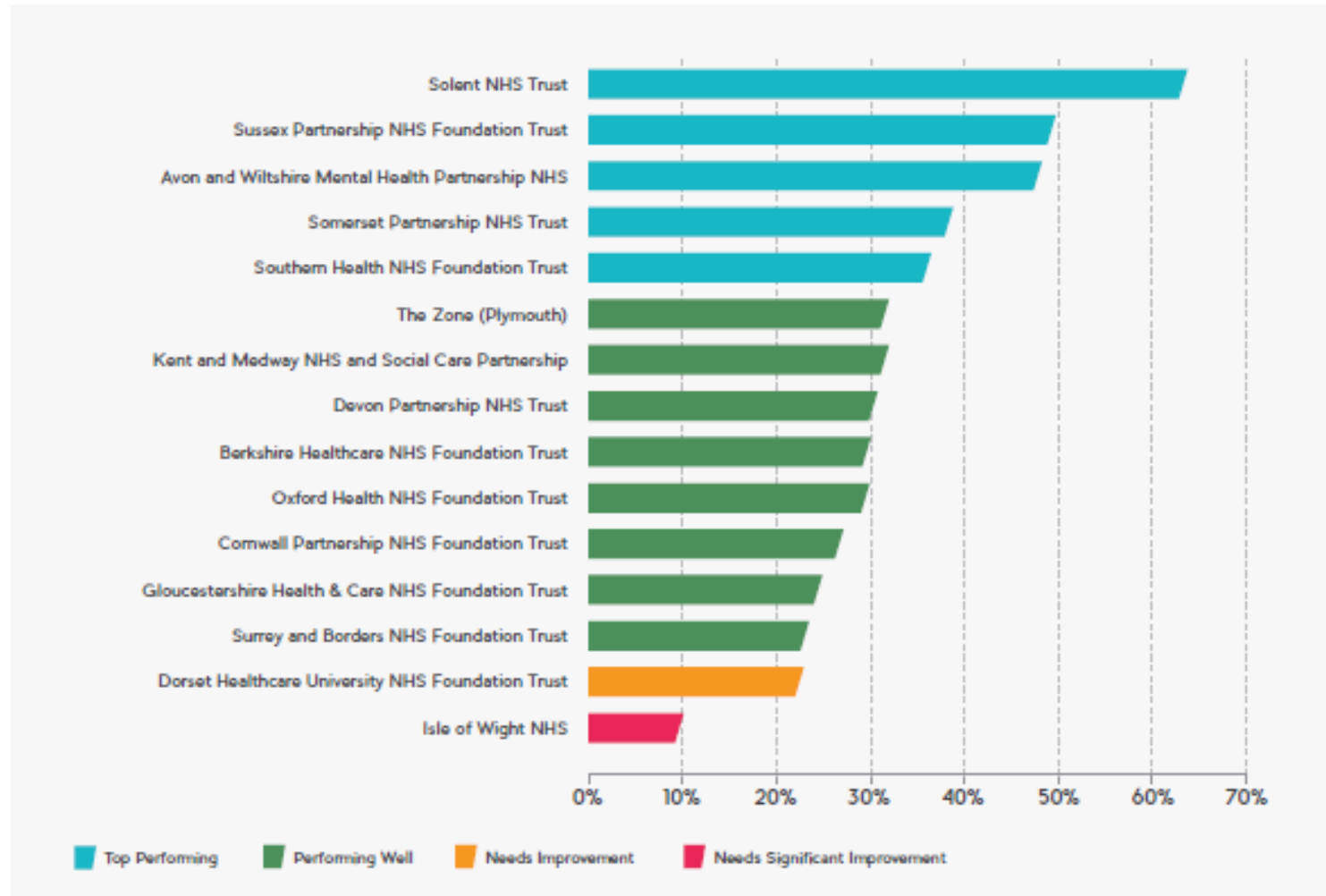


**37%**

of people with psychosis had 2 or more sessions of CBTp in 2019 as compared to 29% in 2018



## Cognitive Behavioural Therapy for Psychosis

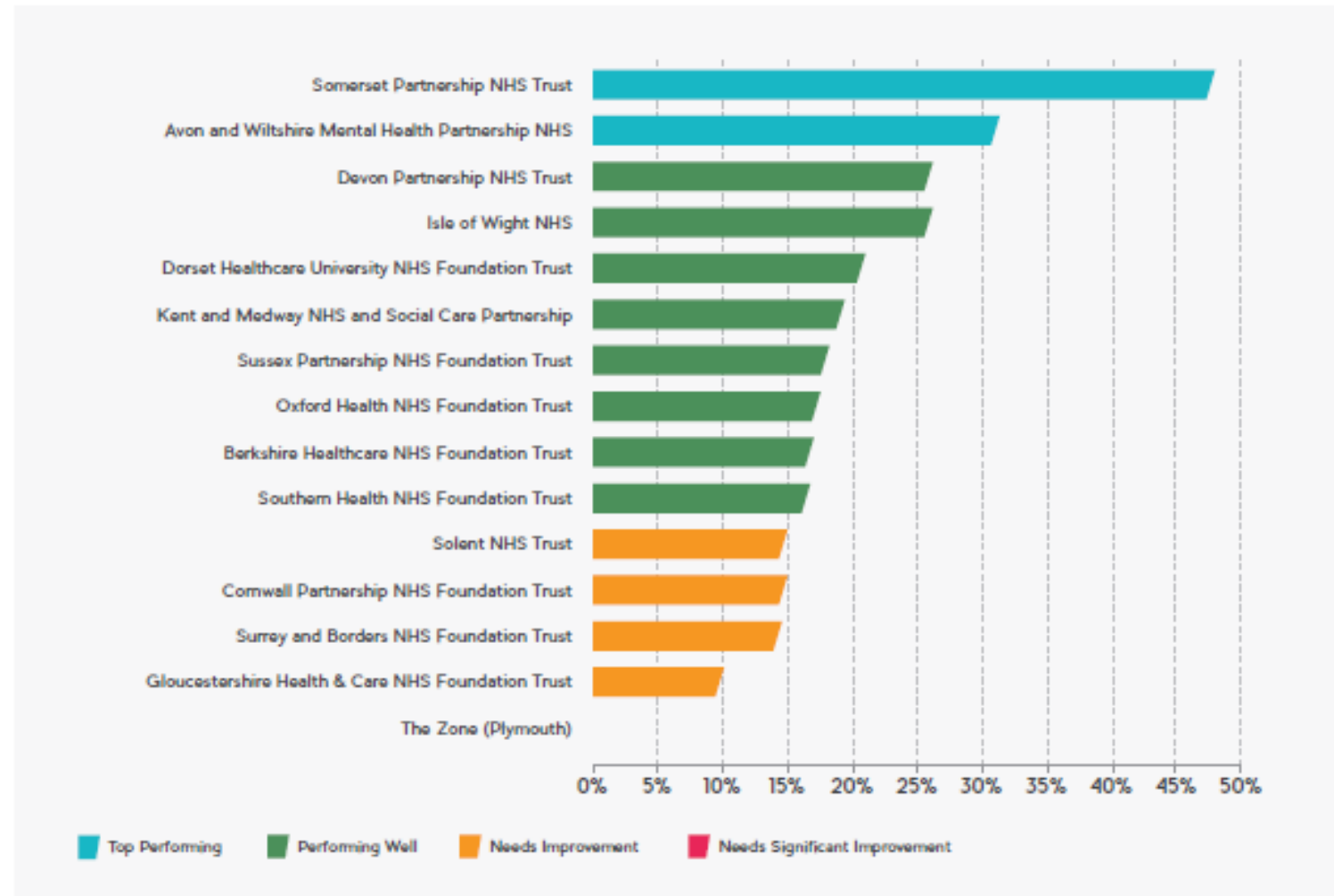




# 26%

of individuals and families (just over 2 out of every 10) received 2 or more sessions of Family Interventions as compared to 20% in 2018

## Family Interventions

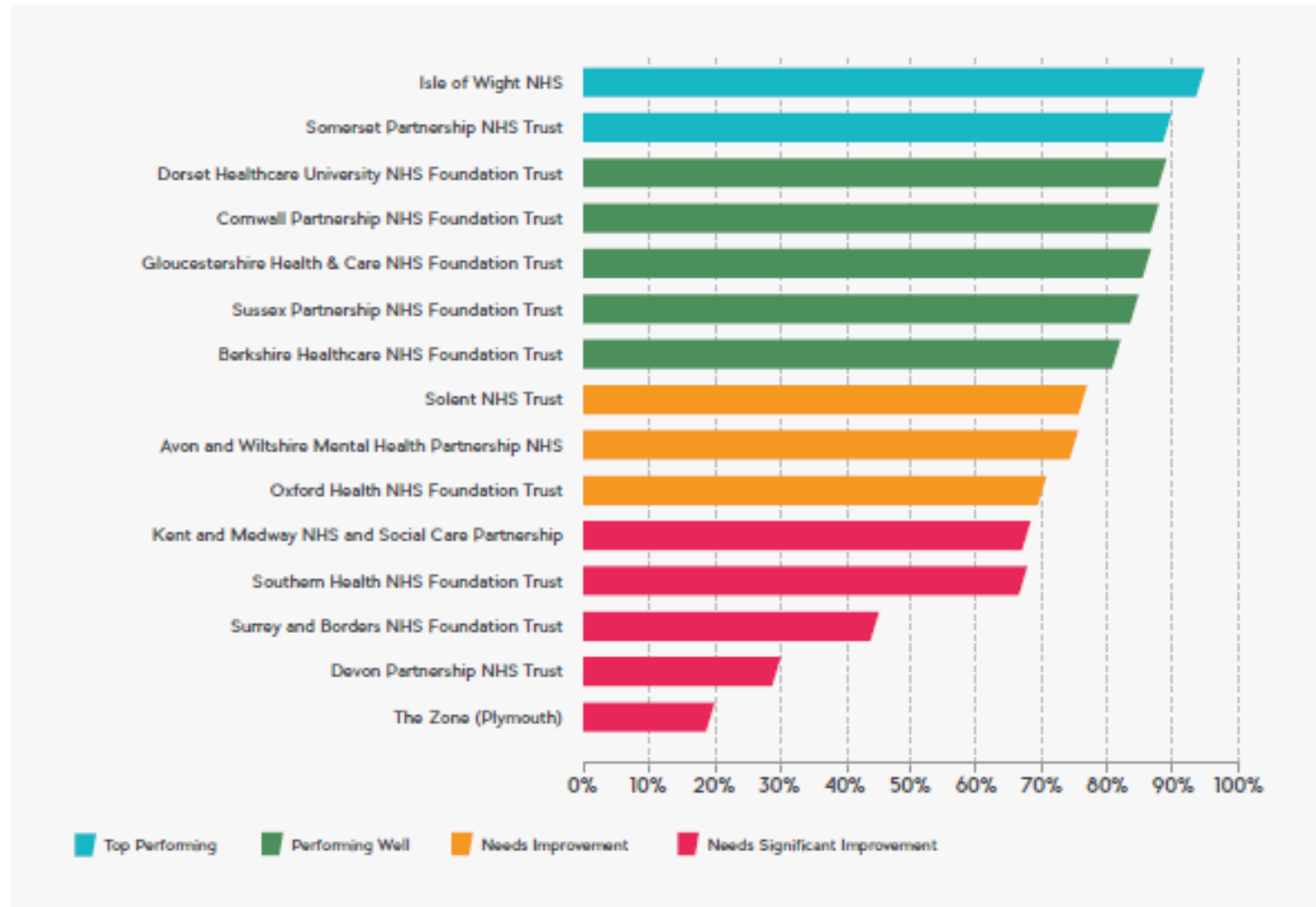




# 68%

of people with psychosis received a comprehensive physical health check in the last 12 months. This is more than the 51% in 2018.

## Physical Health Monitoring





Running annual **wellbeing clinics** and supporting people's travel to take part in a **physical health 'MOT'** which is followed by fun **social activities** e.g. boxing or surfing

# Recruiting Registered General Nurses (RGNs) as physical health leads



# Training staff in phlebotomy





Assigning named staff  
to GP surgeries to  
**improve relationships  
with primary care**

# Using point of care **blood** **testing** machines

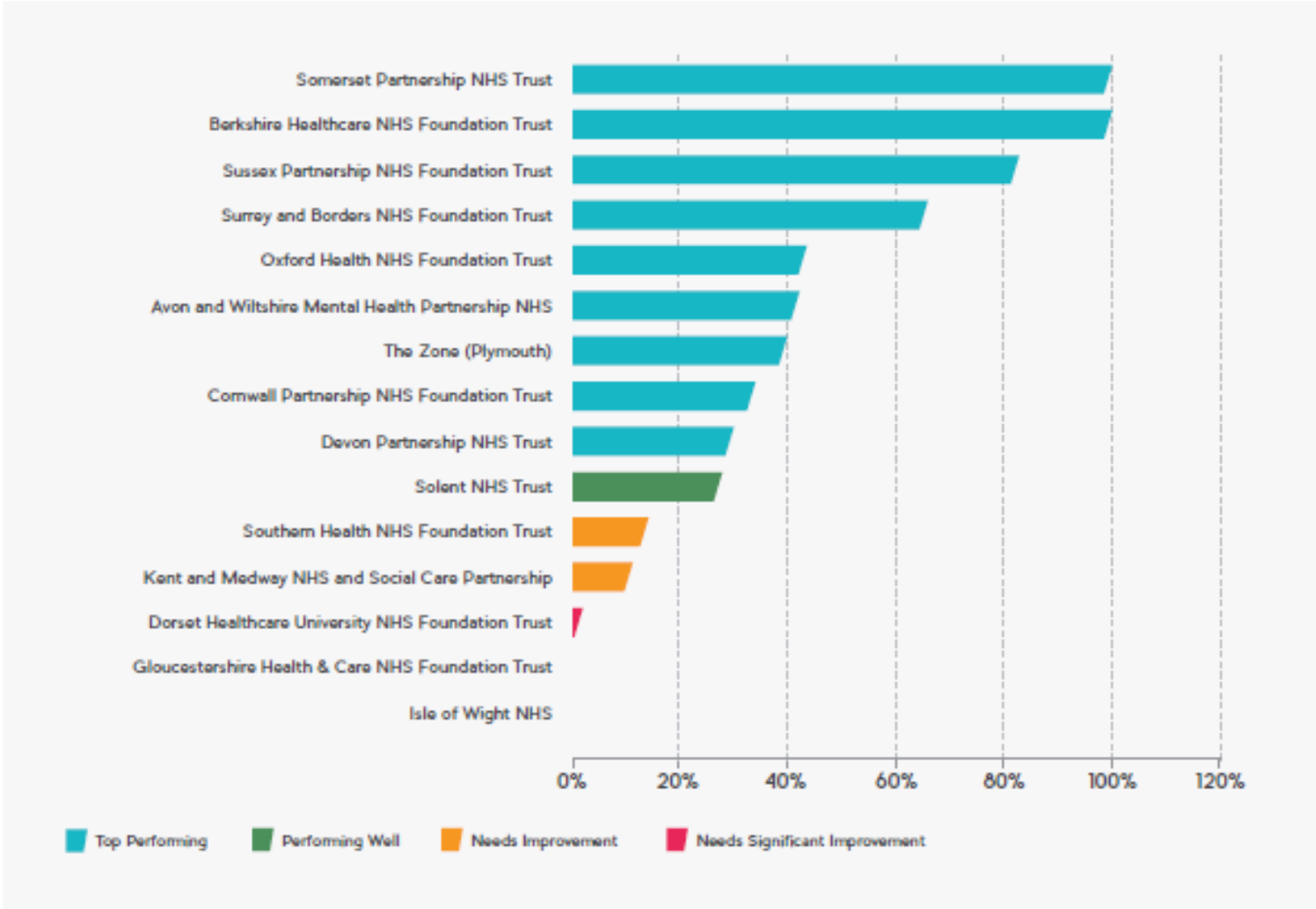


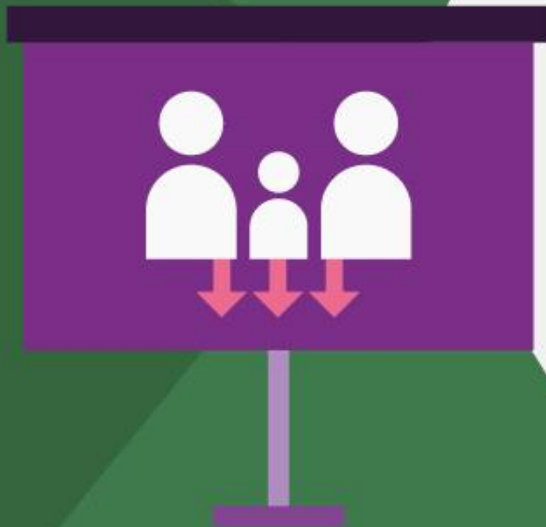
43%

have had >2 appointments with an Individual Placement Support (IPS) worker, which is more than the 33% in 2018



# Individual Placement Support

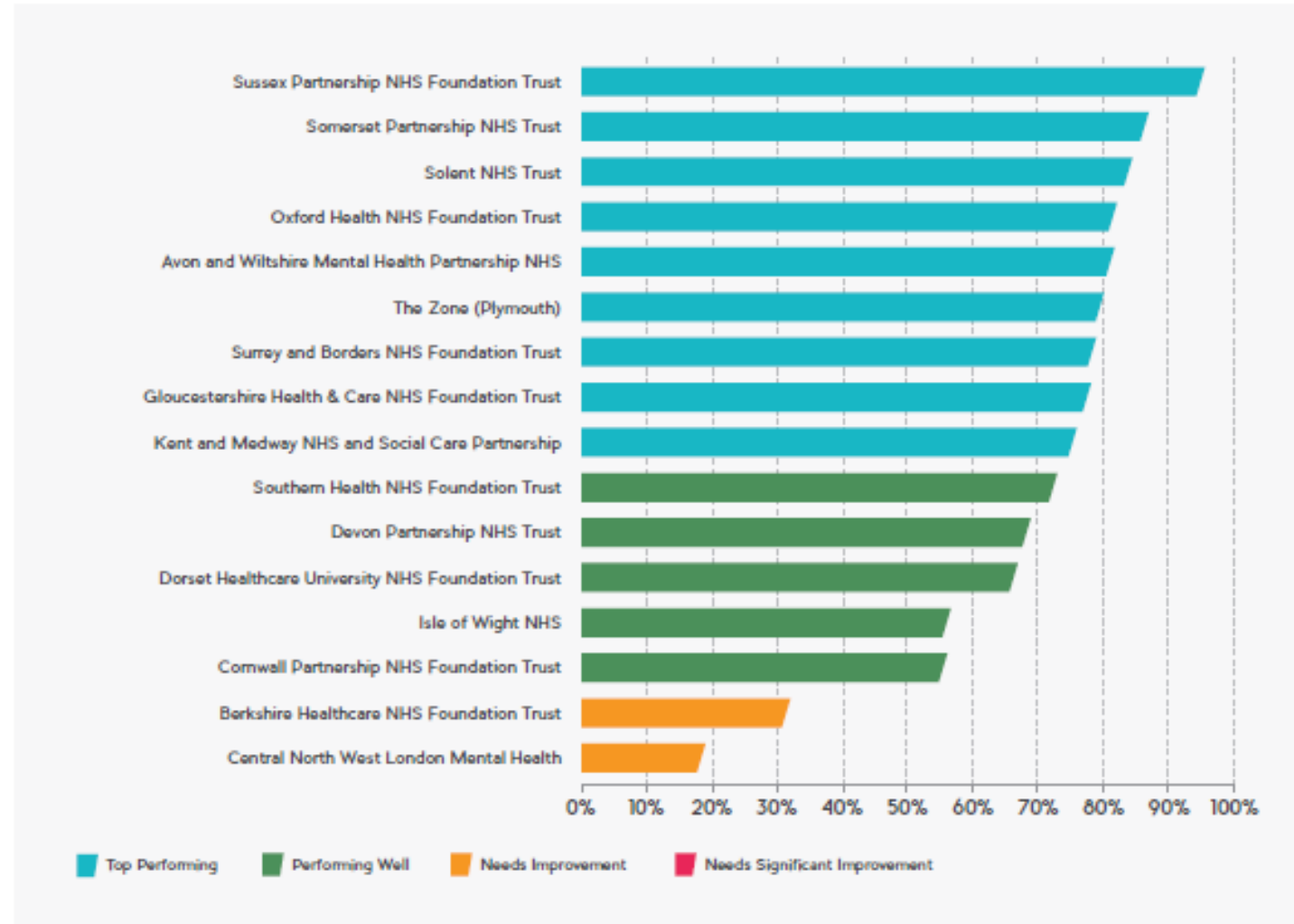




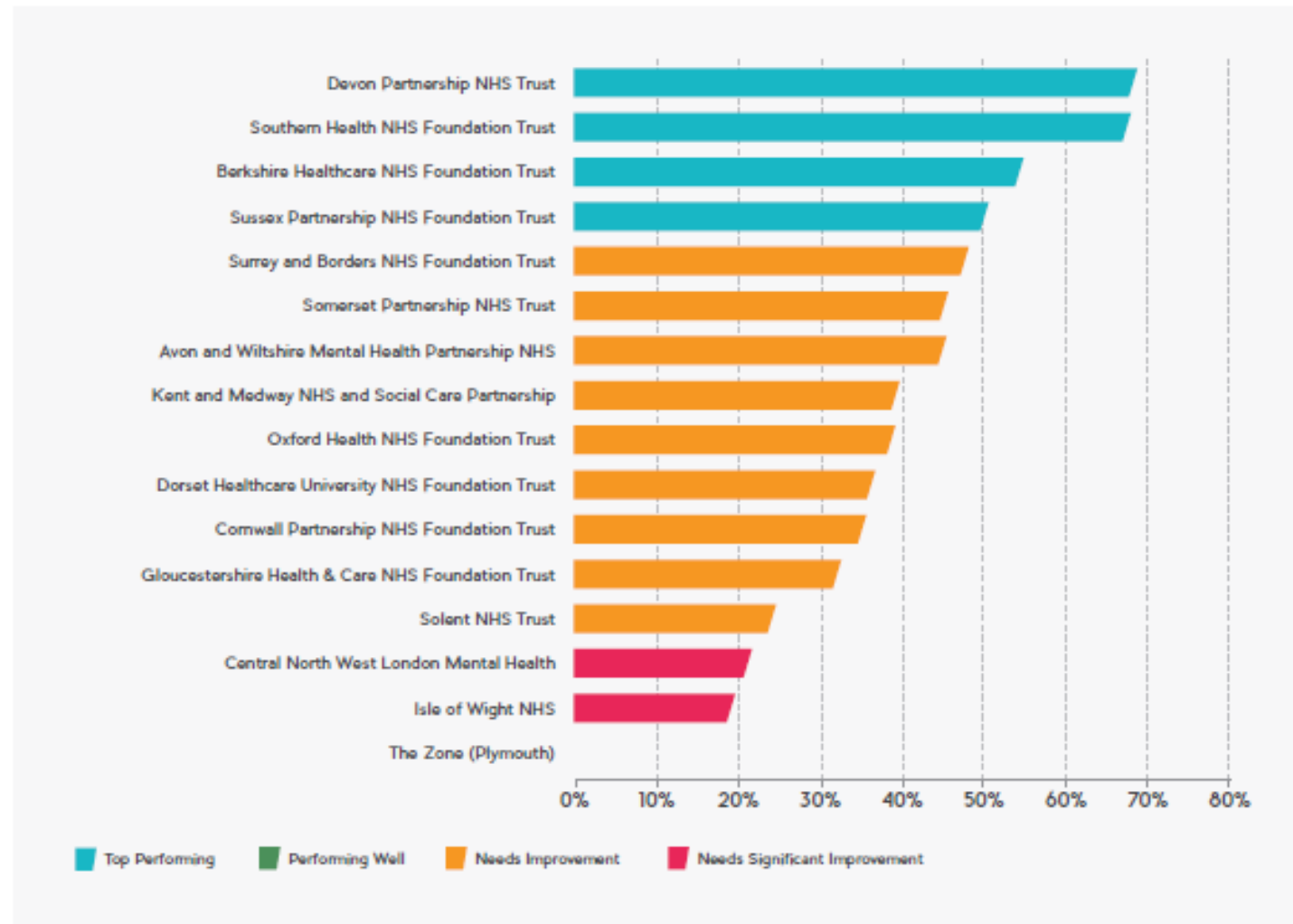
The percentage of families engaged in Families and Carers Education Programmes has dropped from **80% in 2018** to

**70%** in 2019

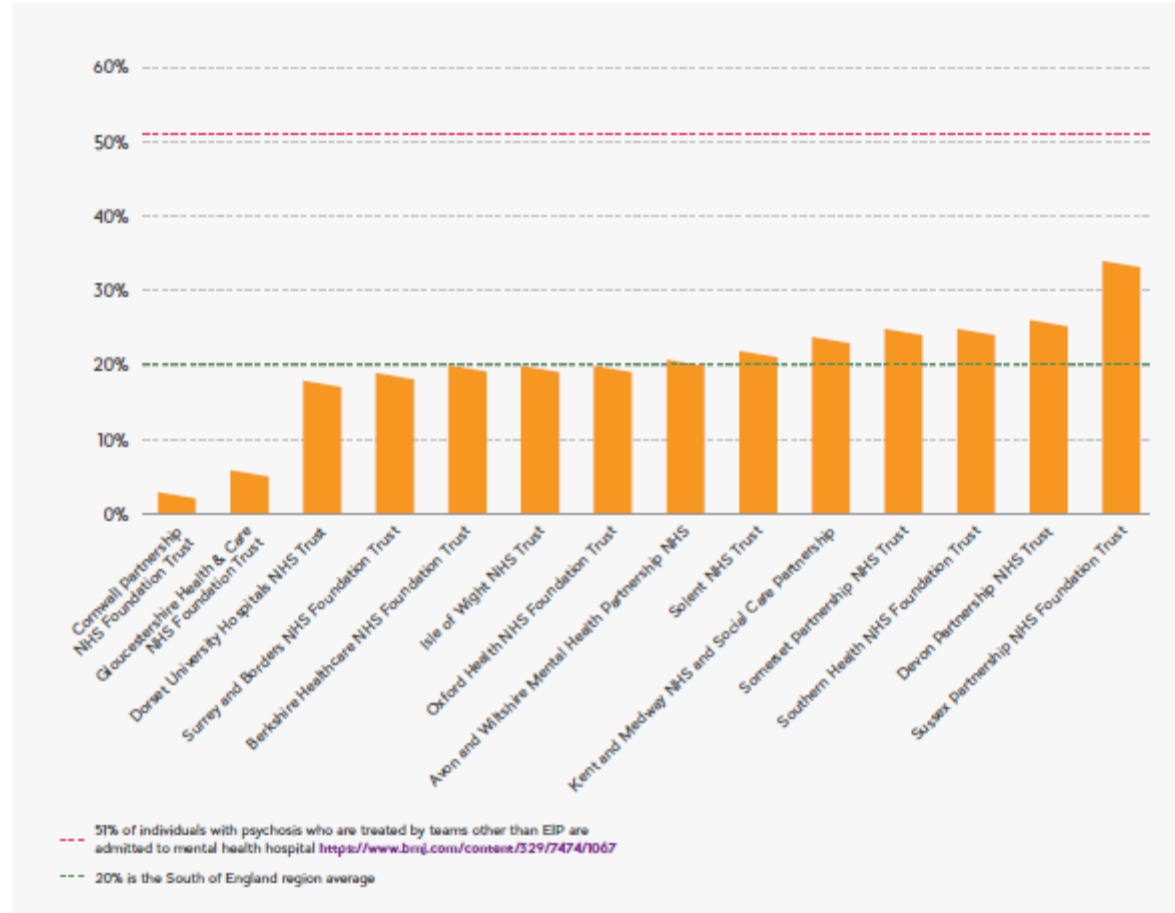
## Carer Education Programmes



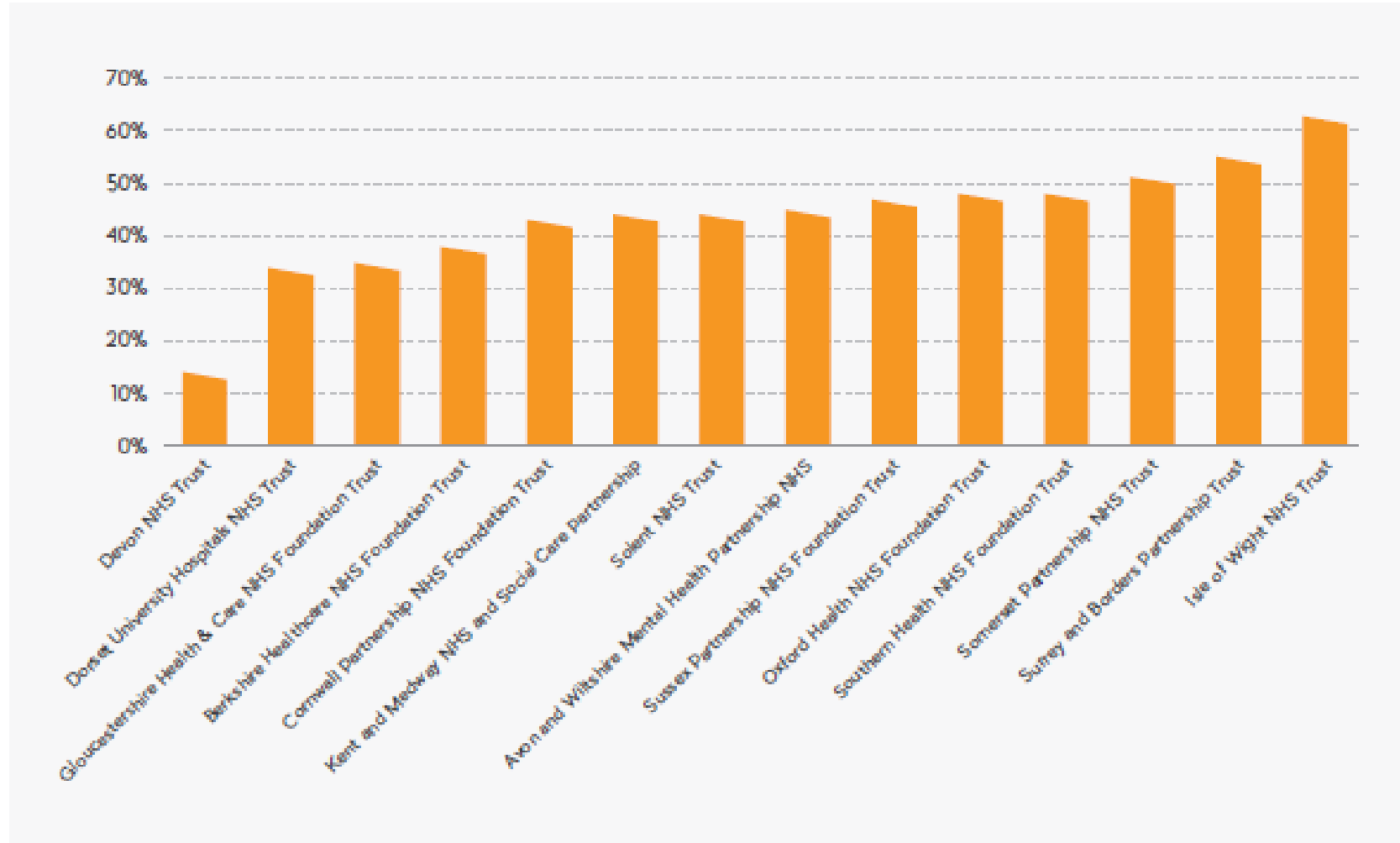
## Paired Outcome Measures



## Admission to Hospital



## Individuals with Psychosis in Employment and/or Education





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Using point of care blood testing machines



# Thank You



For more information about the South EIP Programme,  
please visit

[www.time4recovery.com](http://www.time4recovery.com)